

EXCITING – FIRST TIME IN NZ !!

Fast track training in energy psychology techniques to add to your continuing professional development. Accredited (EFTMRA) One day, four day, six day or eight day training options in AUCKLAND in November 2017

**INTRODUCTION TO ENERGY PSYCHOLOGY TECHNIQUES - with
Caroline Dawson (Australia / UK)**

SUNDAY 19TH NOVEMBER 2017 9.30AM TO 5.30PM AUCKLAND venue TBC NZ\$177

THEME - HOW TO EASILY ENHANCE YOUR CONFIDENCE & SELF-ESTEEM

Learn the theory behind the self-healing skills & get a taste of how they can enhance your life & help your clients – EMOTIONAL FREEDOM TECHNIQUES (TAPPING) & MATRIX REIMPRINTING. These techniques can be used for anything from chronic stress, trauma and depression, to phobias, performance anxiety, for food cravings & losing weight -pretty much anything! Ideal for counsellors, psychotherapists & psychologists wanting to extend their skills base & for clients & their families to learn how to use tapping on themselves. This intro day leads into the 3 day EFT course, which is a pre-requisite for the Matrix Reimprinting training.

Matrix Reimprinting (MR) is the powerhouse use of EFT. Profound healing of trauma states are possible through the reimprinting process into the neuropathways of the brain & into the body & out through the heart centre. First trauma memories are accessed, limiting beliefs elicited & then creating resolution imprinting that new picture.

The introductory day will provide an excellent overview of these techniques.

Additional training days in EFT & Matrix Reimprinting follow on from this introductory workshop.

To book your place contact Pamela Harland pamela@spiritofwellbeing.com or call 021 114 7878

More info / about Caroline see <http://eftraining.com.au/#about> Caroline's email

1111transform@gmail.com

for more on EFTMRA see <https://www.matrixreimprinting.com/>

payment can be made by Paypal.

See also Counselling Today article September 2017 on Playing in the Matrix - EFT/Matrix Reimprinting by Pamela Harland on www.spiritofwellbeing.com