

EMDR INSTITUTE TRAINING

EMDR Institute Basic Training: Auckland.



Trainer: Sigmund Burzynski

Auckland: Weekend 1: 10 - 12 Feb 2019. **Weekend 2:** 13 -15 Feb 2019

Venue : The Spencer on Byron Hotel; Takapuna Beach. Auckland.

To register for the training go to www.emdr.com.au to access the website : EMDR Training Australia and New Zealand

Dr Francine Shapiro is the originator and developer of the EMDR approach to psychotherapy. Rigorous research has established the efficacy of EMDR as a front line treatment for PTSD. Research has now extended well beyond the trauma field with supportive studies in the areas of phobias, panic disorder, grief, sexual dysfunction, chemical dependency, sexual addiction, pathological gambling, dissociative disorders, performance enhancement, somatic disorders and a variety of other diagnosis.

In 1990 Dr Shapiro founded the EMDR Institute which today provides trainings throughout Europe, USA, Canada, Asia and South America. It is the only training available in Australia and New Zealand which has this international recognition and maintains the internationally required high standards.

The EMDR Institute Basic training is an accredited EMDR training which is conducted over six days to ensure that participants may optimise their exposure to the practice of EMDR with six separate practicum sessions. The six days are broken into two, 3-day trainings named Weekend 1 and Weekend 2. Each three day training is followed by a five hour supervision component. Group supervision dates are usually determined by the participants at the training. The training is an interactive learning experience participants are required to bring a minor issue to address at the training.

Sigmund Burzynski is a member of the EMDR Institute faculty and is in private psychological practice in Geelong, Australia. He has an extensive clinical background and has worked in the Victorian prison system for six years. He has been in private practice since 1994 and an EMDR Institute trainer since 1998. He has provided EMDR training in Hong Kong, Singapore, New Zealand, and throughout Australia. In 2010 he presented a case study on trauma based anger at the inaugural EMDR Asia conference in Bali. He is also extensively involved in the supervision and training of psychologists and has lectured on EMDR at the University of Indonesia, and Tarumanagora University Indonesia. He provides supervision and training to psychologists nationally and internationally.

Eligibility: Those eligible to attend the training include psychologists, psychiatrists, psychotherapists, social workers and counsellors (must have a minimum of a four year tertiary qualification). Counsellors must have level 8 NZAC registration.