

MINUTES OF THE ANNUAL GENERAL MEETING OF THE NEW ZEALAND ASSOCIATION OF PSYCHOTHERAPISTS (INC.) HELD AT 3.00PM ON SATURDAY 17 MARCH 2018 AT OTAGO GOLF CLUB, BALMACEWEN ROAD, DUNEDIN

PRESIDENT'S WELCOME

Sheila Larsen welcomed everybody to the meeting.

PRESENT

Sheila Larsen (President), Gerald Maclaurin (President Elect), Sue Jones (Secretary), Marian Vlaar (Treasurer), Cherry Pye (Waka Oranga), Wiremu Woodard (Waka Oranga), Stephanie Forde, Geraldine Lakeland, Victoria Smith, Nikky Winchester, Sandra Turner, Mary Fennessy, Sandra Buchanan, Fay Lilian, Anna Fleming, Verity Armstrong, Kyle MacDonald, Kirsty Robertson, Claudette McDonald, Ann Nation, Suzanne Johnson, Vanda McKerchar, Marianne Quinn, Diane Zwimpfer, Siobhan Collins, Sandra Winton, Jo Stuthridge, Donny Riki, Gay Pupetaku-Andrews (NZAC), Joy Hayward, John Farnsworth, Sean Manning, Sue Morrison, Andrew Jones, Terry Ebeling, Brenda Scarr, Katherine Stewart, Suzanne Timpson, Jacquelyn Manley (PBANZ), Marion Wade, Clare Elizabeth, Robyn Hewland, Rose Robinson, Keith Tudor, John O'Connor, Emma Ellis, Lesley Brokenshire, Elisabeth Stubbs, Pauline Pringle-Thomas, Catriona Cairns, Jo McKenzie, Daniel Larsen, Antonia Muir, Angelika Treschl, Crispin Balfour, Mary Cockburn

APOLOGIES

Matua Haare Williams, Hinewirangi Kohu-Morgan, Margaret Poutu-Morice, Alayne Hall, Jonathan Fay, Carol Worthington, David Lord, Barbara Rockel, Mandy Montague, Brenda Levien, Catherine Gilberd, Susan Lugton, Ros Lewis, Diane Clare, Vicky Blake, Andrew Gresham, Sue Bradshaw, Burke Hunter, Susan Hawthorne, Susan Horne, Graeme McCartney, Ivy Churchill, Crea Land, Sara Parsons

NOTICES

There were no notices.

ACKNOWLEDGEMENTS

Deaths: Peter Kellehor from Dunedin, Susan Rawlins, Sheena Hudson and Dr Basil James.

Life Members in attendance: Mary Cockburn and Robyn Hewland.

Roy Bowden, recipient of the Te Tohu o te Pihi award.

MINUTES OF THE 2017 ANNUAL GENERAL MEETING

**Motion:** That the minutes of the 2017 AGM, which had been published on the NZAP website and in the Newsletter, be adopted as a true and accurate record of that meeting.

**Moved:** Sheila Larsen

**Carried**

There were no amendments.

MATTERS ARISING FROM THE MINUTES

There were no matters arising.

Sheila asked people to consider seconding items from the floor, and requested that members clearly announce their name when speaking.

CORRESPONDENCE

Ruth Manchester gives her best wishes to the membership.

## COUNCIL POSITIONS

### **Honorary Secretary**

This post is due for re-election. Sue Jones has agreed to do another term. Sheila declared Sue as the Honorary Secretary.

### **Honorary Treasurer**

Marian Vlaar explained that Vicky Blake has come forward to take the role of the Treasurer; however, she won't be doing the daily book keeping so NZAP will still need to employ a consultant for this work. Vicky will be co-opted into the role in the first instance, as her nomination was not received in time for the AGM.

Marian was thanked for all her hard work over the last seven years.

### **Chair of ACP Committee**

Gerald Maclaurin is stepping down as Chair of the Committee. Siobhan Collins has been nominated. As there were no other nominations, Sheila declared Siobhan as the new Chair of the ACP Committee.

### **Two Members of Council**

Geraldine Lakeland has agreed to do another term. Victoria Smith from Wellington introduced herself. As there were no other nominations, Sheila declared them both elected to Council.

Sheila explained that a Professional Development group has been formed, which includes a member of Council. This is not a formal committee. Its role is primarily to assist the organising teams of the 2019 professional development events in Auckland and Wellington.

### **Motion:**

That approval is given to elect Diane Zwimpfer as a Life Member of NZAP.

**Proposer:** Gerald Maclaurin

**Seconder:** Marian Vlaar

**Carried with acclaim**

## PRESIDENT'S ANNUAL REPORT

**Motion:** Sheila Larsen, President, moved that her report be accepted.

**Carried**

Sandra Turner asked for an update on the review process, including the review of Council. Sheila explained that a committee has now been formed to review Council. Gabriela reminded members that there was an article about the whole review process in the December 2017 Newsletter. John Farnsworth explained that it is a rolling process: the Conference and Professional Development review is now completed; the review of Council is underway; and the review of Promotions and the website will be next.

Membership of NZAP includes access to the Newsletter, the *Ata* Journal, regular professional development events and indemnity insurance. Sheila challenged new members to step up and take charge, to ensure the Association meets their needs now and in the future.

## WELCOME OF NEW MEMBERS OF COUNCIL

Cherry Pye introduced herself to the membership, as the new Waka Oranga representative, replacing Alayne Hall who stepped down at the hui in November 2017.

#### HONORARY SECRETARY'S ANNUAL REPORT

**Motion:** Sue Jones, the Honorary Secretary, moved that her report be accepted.

**Seconded:** Marianne Quinn

**Carried**

Sue thanked Sean Manning, the branch convenors and other members who work hard for the Association. Sandra Buchanan thanked Sue for her work.

#### HONORARY TREASURER'S ANNUAL REPORT

**Motion:** Marian Vlaar, the Honorary Treasurer, moved that her report be accepted.

**Seconded:** Kirsty Robertson

**Carried**

Marian noted that during her seven years as Treasurer there has been only one increase in subscription fees, which was to cover the GST increase. There is now a need to pay a book keeper. It is increasingly hard to find volunteers to do the Association's work, and there may be a need to pay for other elements of the Association's work in the future.

Sandra Turner thanked Marian for her diligence over the last seven years.

#### ACP COMMITTEE ANNUAL REPORT

**Motion:** Gerald Maclaurin, Chair of the ACP Committee, moved that his report be accepted.

**Seconded:** Kyle MacDonald

**Carried**

Gerald thanked Siobhan for taking on the role of Chair of the ACP Committee. He acknowledged the relationship with PBANZ and appreciated the conversation with them about the development of the ACP pathway. The Board operates under strict statutory obligations which they need to meet, but they are also being as open as possible to training pathways such as the ACP.

Sandra Turner asked what is happening about training supervision for the ACP. Gerald reminded the membership that workshops have been held around the country for the last couple of years. The new Professional Development group may also work with the ACP Committee.

#### HE ARA MAORI ACP COMMITTEE ANNUAL REPORT

**Motion:** Wiremu Woodard moved that Alayne Hall's report be accepted, in her absence.

**Seconded:** Keith Tudor

**Carried**

Sean Manning asked when a description of the HAMACP pathway will be available for all members to read. Wiremu explained that Waka Oranga had been hoping to launch the document last year but they haven't as yet found the right space to present it. Sandra Buchanan acknowledged that the people involved have all been working very hard. Wiremu confirmed that it is a complex process, and Waka Oranga would appreciate assistance with formatting and designing the document.

#### ETHICS AND PROFESSIONAL STANDARDS COMMITTEE ANNUAL REPORT

**Motion:** Stephanie Forde, the Chair of the Ethics and Professional Standards Committee, moved that her report be accepted.

**Seconded:** John Farnsworth

**Carried**

Stephanie noted a correction to her report: there was a large expenditure on legal advice, so the budget was over-spent.

Marianne Quinn said she was glad to hear that the Complaints process is being reviewed. Stephanie explained that there will be further opportunities for members to comment on this review. John O'Connor thanked Stephanie for working on this complex area.

#### PUBLIC ISSUES PORTFOLIO ANNUAL REPORT

**Motion:** Lynne Holdem, Chair of the Public Issues Portfolio, moved that her report be accepted.

**Seconded:** Robyn Hewland

**Carried**

Lynne thanked Sarah Robins and the other members of the Children's Issues group for their work, as well as members who have commented via Connect to help write public submissions and media statements. It is important to create events where the public and other professionals can experience NZAP working in Treaty relationship. Lynne encouraged everybody to speak out on behalf of psychotherapy.

Robyn Hewland thanked Lynne for her hard work, and asked what plans there are to respond to all the current and forthcoming national public issues. Lynne explained that she has been talking to the Children's Issues group with regards to how NZAP should respond to the Mental Health Enquiry; there is still a need to respond to other issues and she will be stretching out to members via Connect to ask for assistance. She encouraged all members to write submissions individually or in groups. Kyle MacDonald noted that the Mental Health Enquiry will have an online submission process, opening late March/early April. Ann Nation thanked the team for all their hard work. Sean Manning said that Connect will become even more important for members to opt into, as it is the only way members can discuss matters informally between Conferences.

#### WAKA ORANGA KORERO

**Motion:** Wiremu Woodard, Waka Oranga representative on Council, moved that his verbal report to the AGM be accepted.

**Seconded:** Jo McKenzie

**Carried**

Whakataka te hau ki te uru,  
Whakataka te hau ki te tonga.  
Kia mākinakina ki uta,  
Kia mātaratara ki tai.  
E hī ake ana te atākura.  
He tio, he huka, he hauhunga.  
Tihēi Mauri Ora!

Cease the winds from the West,  
Cease the winds from the South.  
Let the breezes blow over the land,  
Let the breezes blow over the ocean.  
Let the red-tipped dawn come with a sharpened air,  
a touch of frost, a promise of a glorious day.

Ki nga mate huri noa i te motu, huri noa i te ao

Haere! Haere! Haere atu ra!

Ki nga iwi katoa o tenei whenua kahurangi o Te Waipounamu

Kei a koutou kei ōtepoti,

Nga Kaitiaki o nga maunga tipua, o nga waitapu me nga wāhi tapu katoa

Tēnā koutou, tēnā koutou, tēnā koutou katoa!

We acknowledge our whānau who have died, our loved ones, our dear ones, those who have touched our hearts. In particular, we acknowledge the death of Alayne Hall's pāpā ... who died late last year surrounded by the loving presence of his whanau. We also farewell Hinehou's beloved Nan, Violet Fleming. E nga rangatira haere e rere to wairua kei tua o te ārai, e hoki ki nga toro ringa o nga tūpuna. Haere e hoki atu ra!

Waka Oranga also respectfully acknowledges the guardians of this sacred whenua, Te Wai Pounamu. We are thankful to return to this land and hope that as well as receiving from the generous wisdom held in this place, that we, in some small way, will also contribute to the life force of this land. As the whakatauki reminds us: Te Rapuwai, Ngāti Mamoe, Ngāi Tahu me Waitaha – our strength comes through unison of our diverse lineages.

### **Titiro Whakamuri/Looking back**

The year, 2017-2018 Waka Oranga continues to be busy; building, struggling, laughing and crying our way forward, walking these pathways and footsteps that our tūpuna have left behind, and continue to guide us towards.

In her He Ara M āori Advanced Certificate of Practice (HAMACP) report Alayne Mikahere-Hall alludes to the deep interconnected spaces of Te Wao Nui a Tane, evoking the symbol of the Hihi stitching binary dualisms, split aspects of our object reality into a seamless whole. In this way she compares the work/nature of the Hihi to those candidates walking (or flying) along the HAMACP pathway. To date five manu Hihi have completed this pathway to full membership and we currently have four provisional Hihi on the pathway. Each candidate is supported by HAMACP Committee as well as a bundle of supervisors critically examining and challenging the perceived margin between clinical and cultural supervision.

In the last year Waka Oranga has continued to build external community networks and relationships offering presentations locally and nationally to allied health professionals and organisations.

Alongside Grandmothers Healing Haka Charitable Trust, Waka Oranga jointly hosted a Poutama Workshop at Whaiora Marae, "Pou Uira Healing Haka – Activate your potential" presented by Ojasvin & Waimaania Davis. Tēnā Korua! In addition our waka has also been proudly represented at international hui including a panel presentation on their "Indigenous Experience – From the Margins to the Centre" by Anna Hinehou Fleming, Cherry Pye, Alayne Mikahere-Hall and Margaret Poutu Morice at the IARPP conference in Sydney, Australia, last year.

Alongside He Ara M āori we also continue to foster relationships within our NZAP community engaging actively from council to branch in all aspects of NZAP life: Cherry Pye has stepped into the co-convenor's role for Poneke branch; Anna Hinehou Fleming is working alongside Gabriela to establish bicultural input into the new (revamped) website; in addition to representing Waka Oranga on TTBC Anna and Margaret are on the Northern region's Tiriti Roopu; and Verity Armstrong and Emma Ellis have joined the Council Review Committee as Waka Oranga's representatives.

We also continue to contribute as editors and contributors/authors to the production of *Ata: Journal of Psychotherapy, Aotearoa New Zealand*. This year we pay special tribute to Professor Keith Tudor who has stepped down from his role as Co-Editor of Ata. Keith, in co-editorship with Alayne Hall, is responsible for sculpting Ata to reflect the organisation's growing commitment to Te Tiriti and a bicultural relationship. This commitment is reflected in the bilingual format of the Journal as well as the presence of two editorial boards including an indigenous editorial board, bicultural editorship and growing indigenous content. Keith and Alayne have handed over the mantle of co-editorship to John O'Connor, Margaret Poutu Morice, and Wiremu Woodard. We thank and salute you both for your contributions and generous ngakau.

Na reira e te Rangatira tenei te mihi ki a koe Keith mo to ngakaunui kia tu tenei taonga hei hua mo tātou katoa. Tēnā koe e te rangatira.

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Finally in 2017 Waka Oranga celebrated our inaugural Hui a Tau celebrating 10 years since the establishment of Waka Oranga. We marked this achievement with three days of activity and festivity.

The first day, held at AUT Manukau campus, opened and MC'ed by Matua Dr Haare Williams, Donald Ripia and Professor Keith Tudor, was a symposium day; “Kia Piki Te Ora Kia Mārama Te Huarahi: When Health is Uplifted the Pathway is Brighter”. We were fortunate and blessed to have contributions from a range of gifted and prestigious speakers: Moana Jackson, Professor Tim McCreanor and Dr Alayne Mikahere-Hall who spoke elegantly about their research and whakaaro exploring inequity about the complexities and realities of Māori health outcomes in our society.

Day Two complemented the seminar with a day of festive celebration and commendation. After a night together at Whai Ora Marae we were lovingly and firmly gathered together by our kaikorero Matua Busby who organised us into haka pōhiri formation on the māhau. At the Waharoa our manuhiri gathered, flocking around Matua Haare, resplendent in his korowai bearing his tokotoko and supported by the presence of his daughter Erana (and her as yet unborn pēpē). A lithe young Kaitaki danced, parried and flew across the marae ātea; wielding taiaha, sounding his challenge to the approaching ope. Laying the wero before Matua Haare, the Kaitaki proceeded to lead the manuhiri forward through our ranks into the whare tupuna, Te Waiariki.

Matua Haare later confided to us, even though he had accompanied many dignitaries through the wero process, this was the first time in the history of his illustrious career that he had been welcomed with a wero for himself. The morning proceeded with korero ngakau addressed to matua Haare celebrating his Honorary Doctorate awarded earlier in the year by Auckland Unitec recognising Haare's prestigious contribution to Te Ao Māori and wider New Zealand society. Waka Oranga humbly thank our Whaiora whanau for their magnificent manaaki and aroha in co-hosting this occasion to honour our kaumātua. The process for the second day was completed with a sumptuous hākari prepared with loving hands by Hinewirangi's son, Libra and whanau, complimented by a live band: Louella and Rā.

Our AGM concluded our third day with lively and challenging korero, looking forward charting the journeys before our waka. After more than ten years Alayne Mikahere-Hall announced her decision to step down from her active roles on the Rūnanga and NZAP Council. Tēnā ano koe e te wahine maia mo to puku mahi mai te timatanga ki te mutunga! The Rūnanga also delightedly welcomed Verity Armstrong and Margaret Poutu Morice onto the Rūnanga, Cherry Pye onto Council and Ruingarangi Stewart in the new position of administrative assistant, our first paid role on the Rūnanga! Nau mai ra!

In organising and hosting our decennial celebrations Waka Oranga are immensely thankful to NZAP Council, TTBC and Regional branches for your generous support, encouragement and manaakitanga. Tēnā koutou. We also would like to thank the numerous individuals, who in the last ten years (and more) have given freely of their time expertise, experience, aroha and manaaki. Tēnā koutou katoa.

This time last year Matua Haare was awarded his Honorary Doctorate from Auckland Unitec. This year we are proud to announce that Matua Haare will be awarded a Member of the New Zealand Order of Merit for Services to Māori, the arts and education (MNZM). The formal announcement reads as follows:

“The Queen has been pleased, on the celebration of the New Year, to make the following appointment to be a Member of the New Zealand Order of Merit for services to Māori, the arts and education; WILLIAMS, Dr Haare Mahanga Te Wehinga, JP.”

I would like to leave the last words of this report looking back over the first ten years of Waka Oranga’s life to Trevor Pye, artist and loving husband to Cherry.

“Ten years ago last May, several people met with the common intention of establishing, under the umbrella of NZAP, a group that would meet the needs of Māori psychotherapy practitioners.

“Cherry and I were fortunate enough to host this meeting at our whare, nestled in the foothills of the Kaimai ranges, overlooking the whenua of the Bay of Plenty and Tauranga moana. The vista that stretched to the horizon seemed to suggest the almost infinite possibilities that a group of likeminded souls with a singular purpose could embrace and develop.

“While I wasn’t directly engaged in the korero, it was a privilege for me on the periphery, contributing in whatever small way I could to the smooth running of the weekend. What stands strong in my memory was the karakia that Haare, the group’s kaumātua, recited, as the sun rose over Mauao, Mt Maunganui.

“I am not a morning person by nature, but I would not have missed this for the world, as Haare beckoned to the first rays of the rising sun, illuminating a new day. This, with his intimate knowledge of the old stories of the area which he shared throughout the time we were together, left a lasting impression, in particular of the deeply essential relationship between the natural environment and those of us who walk upon Her; a relationship easily taken for granted, or even forgotten, in a world of increasing separation and fragmentation. Kia ora Haare.

“In the 10 years since the brief but memorable encounter, the initial privilege has expanded as I have got to know the dedicated souls and the difficulties and successes they have confronted and embraced; each individual sharing their special abilities and strengths to evolve a rōpū of lasting significance. I cannot fail to mention, in particular, my delight in getting to know Hinewirangi, that confluence of archetypes; wise woman, mother, warrior, trickster, and a whole lot more, who, along with kaumātua Haare, form the essential core of Waka Oranga – guiding, holding, and when necessary, chastising – to mould and form the group’s essential personality.

“I’m sure it will not get easier as time goes on, but I believe the collective strength and commitment of the members and supporters of Waka Oranga and their common goal of psychological and spiritual wellbeing for tangata whenua cannot but succeed and flourish as the years unfold.

“I wish Waka Oranga good fortune for the future and I am with you in spirit as you celebrate your first decade of being. I will finish with a whakatauki:

*“Manaaki whenua, manaaki tangata, Haere wharamua  
Care for the land, care for the people, Go forward.”*

Trevor Pye: November 2017

As a final korero we wish to welcome Haare’s new mokopuna, Erana and Max’s son, Te Makahi Robert born 27 November 2017. Naumai e te rangatira, e te kuru pounamu, whakatau mai ki tenei Te Ao mārama! Tihei Mauri Ora!

Na reira aku rau rangatira ma  
Kia hora te marino  
Kia whakapapa pounamu te moana  
Kia tere te kārohirohi  
I mua i tō huarahi.  
Tihei Mauri Ora!

May peace be widespread  
May the sea glisten like greenstone  
May the shimmer of light  
guide you on your way

Suzanne Johnson acknowledged the work that has been done over the last ten years. Ann Nation expressed delight that Waka Oranga is flourishing. Catriona Cairns noted that Cherry Pye has also been Wellington Branch Co-Convenor. Wiremu said he hopes that Waka Oranga and NZAP can continue to talk together about who we are and what we do.

#### TE TIRITI AND BICULTURAL ADVISORY COMMITTEE ANNUAL REPORT

**Motion:** Donny Riki, the Co-Convenor of Te Tiriti and Bicultural Committee, moved that the report be accepted.

**Seconded:** John O'Connor

**Carried**

Sean Manning thanked the Committee for their work. He proposed disbanding the Te Tiriti Bicultural Advisory Committee and creating a Partnership and Relationship Committee, and asked what the Committee's response is to the review of their functioning which has been proposed. Daniel Larsen responded that the Committee are not reviewing themselves; they are waiting to find out what is happening about the review. Gabriela explained that she currently gathering information on what has happened up to this point, and confirmed that Council has agreed to convene a review team.

#### ATA JOURNAL OF PSYCHOTHERAPY AOTEAROA NEW ZEALAND

**Motion:** John O'Connor, Co-Editor of the Ata Journal, moved that his report be accepted.

**Seconded:** Jo McKenzie

**Carried**

John explained that he is the new Co-Editor, replacing Keith Tudor. He is working alongside the other Co-Editors, Wiremu Woodard and Margaret Poutu-Morice. He thanked Keith for his hard work with the Journal over the last seven years. Gabriela explained that there will be a link on the NZAP website to the online issues of *Ata* which will be held on the AUT website.

#### REGIONAL REPORTS

Reports were received from Canterbury, Northern, Otago and Southland and Wellington branches.

**Motion:** Sheila Larsen moved that these reports be accepted.

**Carried**

Sheila acknowledged the hard work of all the branch convenors.

#### CONFERENCE 2019 AND 2020

Sheila announced that there will be no NZAP conference in 2019. The 2020 conference will take place in Wellington. Suzanne Johnson and Ann Nation noted the death of 2012 Wellington conference organiser Repeka August Tempo, who passed away in January 2018.

Marian explained that the Professional Development and Supervision review committee recommended that NZAP hold a conference every other year and a professional development event in the intervening years. Council has formed a group of four people to oversee that process of

managing the two 2019 workshops: Victoria Smith, Alayne Hall, and Nikky Winchester, with Marian Vlaar as Chair.

Lesley Brokenshire asked why the Waiheke event is open to only 70 people. Sheila clarified that NZAP is supporting the event but that it is a local process, and local groups can organise events for as small or as large a number of attendees as they want. The Wellington workshop will have the AGM attached to it, along with the presentations of DSAs and Life Membership. Keith Tudor expressed concern that the biannual event may lead to some slippage around bicultural relations. Should the NZAP-supported workshop be tackling bicultural issues? Gerald explained that Council did not ask anybody to put on a workshop. Rather, local groups have come forward with proposals. He pointed out that it is increasingly difficult to get conferences organised every year. Council have discussed at length how to ensure that bicultural depth can take place. Marian reminded members that the Professional Development and Supervision review committee received a lot of feedback from the membership during the review process. Vanda McKerchar said that the Christchurch branch has regularly organised professional development events for local members, and she expects this will continue.

#### OTHER BUSINESS

Gabriela announced that the NZAP website is being reviewed. When the website was last updated, Kyle MacDonald had invited members to participate in the website, for example by updating their profiles. Very few members have done this. Members will be strongly encouraged to use the new website as a tool to promote their work, by sharing photos, links to their own websites/Facebook pages etc, writing about their areas of specialism and so on. Gabriela and Gavin Stanfield are working with Anna Fleming from Waka Oranga, and hope to have something to show in the next few months. Gabriela thanked the members who have provided feedback on the current website.

Sheila handed over the Presidency to Gerald Maclaurin.

#### FAREWELLS

Marian Vlaar and Alayne Hall were farewelled and appreciated for their work on Council. Victoria Smith was welcomed to Council.

Gerald Maclaurin, President, formally declared the meeting closed at 4.57pm.