

# REPORT TO NZAP AGM, MARCH 2019

## ACP Committee

The ACP meets twice a year and we continue to be grateful to Diane Zwimpfer for her gracious and generous hosting of these meetings.

We currently have 22 candidates on the ACP pathway.

The definition of roles and assignment of portfolios has spread the workload of the Committee. Barbara Rockel as Registrar works closely with Nikky Winchester in terms of our candidates for the ACP, Andrew Jones is an excellent secretary, and all other Committee members work with dedication in their assigned portfolios. Much work is involved in marking case studies and work practice descriptions and the final Oral Assessments. The organisation of these is shared by the whole Committee and many hours of time, energy and thinking go into the preparation, management and follow-up. We are grateful to members of NZAP who share in these tasks, and I am also very grateful to the ACP Committee members who willingly give their expertise and time to ensuring our high standards are maintained.

At the 2018 AGM we farewelled Gerald as he stepped into the role of President. We miss his wise presence as our Chair. We have welcomed three new members to the Committee in 2018-9: Charlotte McLachlan from Dunedin, Sue Morrison from Wellington and John O'Connor from Auckland. We farewell and thank Miranda Thorpe for all the work she has done in managing assessments in the North.

Andrew Jones and John Farnsworth delivered a very successful and fully subscribed workshop for ACP candidates and supervisors last August in Wellington, focused on understanding how to make dynamic formulations. There is clearly a high level of interest in ongoing professional development and the ACP Committee plans to offer other opportunities in the future.

The ACP Committee has actively engaged with PBANZ in terms of the Accreditation document circulated last year. Our specialised and unique Practitioner path to joining the ACP pathway and thus registration with PBANZ is threatened by the proposed changes. We made a substantial written submission to PBANZ as part of the feedback to the proposed changes and are very grateful to John Farnsworth and Diane Zwimpfer for the work they put into this submission on our behalf. Members of the ACP Committee attended the PBANZ open sessions throughout New Zealand and advocated for our ACP as it stands. The changes are a challenge to our route to registration in that PBANZ proposes to move the goalposts re Interim Registration. NZAP is the only Practitioner route provider to whom PBANZ currently grants Interim Registration at the entry point. This we see as a recognition of our high standard entry process which assesses candidates as already at Interim Registration standard when they commence our route to registration.

In order to continue to robustly monitor this we have reviewed the Initial Interview process and introduced a change in terms of standardising the Initial Interview. An ACP Committee member coordinates the process and we have introduced a structure which involves having both an ACP committee member and an ACP Training Supervisor on the three person interview panel. This is in order to assess an applicant's capacity to attain the ACP within a five year period from commencing the pathway.

In putting our case for retention of Interim Registration at the entry point of our practitioner route to registration as a psychotherapist we have, as already mentioned, prepared a lengthy written

submission, and also met with representatives of the Psychotherapists Board at the Dunedin Conference and in Wellington to discuss this. John Farnsworth and I represented the ACP Committee at these meetings and Gerald Maclaurin and Stephanie Forde represented the NZAP Council. We do not yet know whether PBANZ will agree with our proposal.

We have continued to manage a steady interest in applications for the ACP route with three candidates currently in the process of applying. Several people are ready to submit case material for the second stage of assessment and one person currently is applying for the final Oral Panel assessment.

We have also put thought and energy into rewriting our material in preparation for the new NZAP website. Sue Morrison is managing this along with input from other ACP Committee members. Diane Zwimpfer and John Farnsworth are currently reviewing all our documents in order to ensure they accurately reflect our current practice. The flowchart which accompanies our material makes the ACP process from the beginning to the end clear and accessible.

As we only meet face to face twice a year much of our work is done via email and I continue to be very grateful to this highly professional and committed group of individuals who commit voluntary time and thought to this crucial aspect of NZAP's functioning.

Siobhan Collins  
Chair, ACP Committee