

REPORT TO NZAP AGM, MARCH 2019

Ata: Journal of Psychotherapy Aotearoa New Zealand

Introduction

On 31 December 2017, Keith Tudor retired as Co-Editor of *Ata: Journal of Psychotherapy Aotearoa New Zealand*. On 1 January 2018 John O'Connor took up the role of Co-Editor. The current Co-Editors are very appreciative of the work undertaken by Keith on the Journal. We thank Keith for his very able work over many years. Keith was dedicated, skilful, and profoundly influential in enabling this Journal to reach the high standard it has attained: thank you Keith.

Publication

One issue of the Journal was published this financial year. (In addition, Volume 21, no. 2 (2017) officially has a publication date of December 2017 but was posted out to membership shortly before the Dunedin Conference in March 2018, due to editing and printing delays.)

The most recent issue was published in October 2018. This issue, a special issue, on the theme “e tipu ana.. as we grow...” (Volume 22, No. 1, September 2018), was based on the theme of the Dunedin NZAP Conference 2018. There are five papers in the issue based on papers from the Conference, by authors Haare Williams, Anna Fleming, Kay Ryan, Crispin Balfour, and John O'Connor. In addition, there are two further papers that were not presented at the Conference, but are relevant to the theme of this issue, by Emma Ellis and Karlene Mamea, Julia Ionae and Peter Slater, and a book review by Karen Begg on the book *Matariki: The star of the year* by Rangi Matamua. (Regrettably the other Conference speakers declined to have copy in the Journal, though we were pleased to advertise in this issue that Anne Alvarez's paper is available on the NZAP website to view as a video recording.) The Co-Editors are pleased with this issue and think it a very irrelevant reflection of a wide range of perspectives within the Association in relation to the theme of “e tipu ana.. as we grow...”.

We are very appreciative of the efforts of the organisers of the 2018 Dunedin NZAP Conference, who provided a Conference which was both rich in its content and graciously warm in its atmosphere. It was the early foresight of the 2018 Conference organisers which enabled the papers in this issue to be initially generated. Our sincere thanks.

We are particularly pleased with the diversity of voices within the issue. Indigenous Maori, Samoan, British, African, and Pakeha voices combine to offer multiple perspectives on the nature of growth within clinical contexts, within cultural frames, within the psychotherapist, within patients, and in life itself. The papers explore themes of growth as culturally and relationally mediated, in utero and from birth, through the process of growth within and outside of psychotherapeutic relationships, during the process of ageing, and in meeting the end of life.

Tuwhera website

The Journal is now available on the Tuwhera website as an online Journal. The link for this is: <https://ojs.aut.ac.nz/ata/index.php/ata>

The most recent issue (Volume 22, No. 1, September 2018) and the eight issues prior to the most recent issue are now online, going back to volume 18 No. 1 (2014). We are intending over time to place as many back issues as possible of the Journal on this website.

This is a significant development for the Journal. It means that back issues are available to the membership very easily. In addition, it means that authors' work is available internationally. This is

very attractive to authors and researchers seeking to publish. It provides an incentive to assist the Co-Editors in encouraging authors to make their papers available for publication in *Ata*. It also makes ideas originating from the Aotearoa New Zealand psychotherapeutic context available to an international audience. We are pleased with this development. In the future we intend that submissions for the Journal will be submitted via the website which will significantly assist with administration and workload.

We received some feedback from membership regarding concern that making the Journal available on the Tuwhera website, which is hosted by AUT University library, may give the misleading impression that AUT, rather than NZAP, are the publishers of the Journal. Both the Co-Editors and the NZAP Council are very clear that the Journal is owned and published by NZAP. In discussion with Council, it was agreed that we needed to make it clear that the Journal is published by NZAP, and not by AUT. Therefore the statement which previously appeared on the website that stated “Supported by School of Public Health & Psychosocial Studies at Auckland University of Technology and New Zealand Association of Psychotherapists (NZAP) Inc.” has been amended, and now states: “**Published** by the New Zealand Association of Psychotherapists (NZAP) Inc. and supported by the School of Public Health & Psychosocial Studies at Auckland University of Technology” (emphasis added).

In addition, we are currently renegotiating the Memorandum of Agreement in relation to *Ata*, regarding the relationship between Tuwhera and NZAP. The Tuwhera representatives have already agreed with us that in this new Memorandum of Agreement it will be made clear that NZAP are the publishers of the Journal, with Tuwhera being described as the “hosting provider”.

We believe this addresses the concerns regarding ensuring that it is clear to readers that NZAP are the publishers of the Journal. (On the publication page in the hard copy of the Journal it is also stated, “*Ata: Journal of Psychotherapy Aotearoa New Zealand* is published by the New Zealand Association of Psychotherapists Inc”.)

Research assistant

Keith Tudor initiated an understanding between AUT University and NZAP Council that AUT and NZAP share the cost of the research assistant (Karen Begg) who assists the Co-Editors (primarily with close reading of text, to check for referencing and grammatical errors, and liaising with authors about these). This has been very helpful in enhancing the quality of the Journal. Karen does excellent work and relieves the Co-Editors of much of the micro-detail required to ensure a high quality of publication. However, we discovered in mid-2018 that no invoice was submitted from AUT to NZAP for Karen’s services in 2017, and in addition, no invoice had been submitted in 2018.

The administrator at AUT advised that their calculation was there was a sum of \$3,135.50 to be invoiced to NZAP from AUT for Karen’s services for work on two issues of the Journal in 2017.

Vicky Blake, the NZAP Treasurer, undertook some research to see if there was written documentation establishing this relationship between AUT and NZAP, as the Co-Editors had not been able to find anything which documents this arrangement. Whilst there were Council minutes indicating this arrangement had been agreed upon, there was no written contract specifying the details of the agreement. After conversation between Council and the Co-Editors, it was decided on the recommendation of the Co-Editors, by Council, that NZAP should negotiate a written contract with AUT regarding the research assistant’s work. The NZAP Treasurer and President, with the assistance of John O’Connor, are in the process of negotiating this contract with AUT University. Providing this contract is agreed-upon, NZAP will then pay the 2017 and 2018 invoices for Karen’s services.

Translation of abstracts into Te Reo

The abstracts for each article in the Journal are translated into Te Reo Maori by Hineira Woodard. Hineira does an excellent job. On the recommendation of the Co-Editors, NZAP Council have agreed to increase the koha for Hineira's work from \$300 to \$500 per issue.

Delays in production of the Journal over the years 2016, 2017, and 2018

As outlined above, the last issue of the 2017 Journal, which officially has a publication date of December 2017, was not posted out to membership until shortly before the Dunedin Conference in March 2018. In addition, a substantial portion of the cost of production of this issue was paid for out of the 2018 budget rather than the 2017 budget; specifically, \$3,372.00 was paid for out of the 2018 budget for the last edition of 2017.

Vicky advises that the following is a summary of the budget and expenditure on *Ata* by NZAP over recent years.

Year	Budgeted	Actual Spending
2018 -19 year	\$10,435	\$ 3,372 (as of July 2018)
2017-18 year	\$10,435	\$ 9,408
2016-17 year	\$ 8,695	\$ 6,819
2015-16 year	\$12,173	\$ 9,454

In addition, the last four issues of the Journal prior to the most recent 2018 issue were distributed to membership on the following dates:

- In 2017, an issue was published in June (vol 20, no.2) and November (vol 21, no.1);
- In 2018, an issue was published in March (vol 21, no.2) and September (vol 22, no.1).

This means that the Journal is one behind where it should be by the end of 2018.

Given this delay, at the November meeting Council agreed with the Co-Editors' recommendation that we not publish a second issue in 2018, as this would have significant budgetary consequences, but rather start afresh in 2019 with two issues. In addition, John O'Connor highlighted to Council that the cost of production of the Journal is greater than that outlined in the 2018-2019 budget. John therefore presented to Council a new proposed budget which Council approved at the November 2018 meeting (see Treasurers report).

Next *Ata* issues

We have begun work in collecting copy for the next issue of the Journal which will be a special Waka Oranga issue, commemorating Waka Oranga's first 10 years. We aim to have this edition published by the end of July 2019.

We are also planning a second generic issue and have already approached Dr Annie Reiner, and Neville Symington, who recently presented at the February 2019 "Creativity in the Face of Chaos" Conference on Waiheke Island. They have agreed in principle to the idea of publishing the papers presented at that Conference in the November 2019 issue of *Ata*. We also welcome submissions from anyone within NZAP membership interested in publishing in the Journal. (See the last two pages of the Journal for an outline of how to make a submission.)

Conclusion

It has been a productive year for the Journal. The Co-Editors look forward to continuing to publish a Journal of high standard of which the Association, we believe, can be proud. The September 2018 issue was the first of which John O'Connor has been a Co-Editor. We are delighted to have John join us. We thank Hineira Woodard for her generous and very able work providing Te Reo Maori translations of the abstracts. We also thank our editorial assistant Karen Begg for her superb and diligent work throughout all stages of production of the Journal. The quality of the Journal owes much

to Karen's ability and eye for detail. Our deep thanks also to our creative, skilful, unfailingly cheerful and always punctual designer Katie Yakimis. Finally, we thank you the reader (NZAP member or subscriber), for your continuing support of the Journal: we hope you will find the publications evocative, provocative, enjoyable and engaging to read. We look forward to editing the next issue.

John O'Connor

Co-Editor *Ata: Journal of Psychotherapy Aotearoa New Zealand*

(On behalf of Co-Editors Margaret Morice and Wiremu Woodard)