

REPORT TO NZAP AGM, MARCH 2019

Te Whanganui-a-Tara Wellington Branch

My apologies in advance if I have omitted things that should be in this report.

We have 75 members.

Volunteers

- Catherine Gilbert and Cherry Pye were our convenors in 2018.
- Delia Crozier is our Treasurer.
- Brian Hunt has been our Secretary since 2017.
- Jane Nicholson organised social opportunities. She provided space and the opportunity for members to learn and practice waiata.
- Geraldine Lakeland has been our representative on NZAP's Council. Victoria Smith is also currently in this role.
- Graeme McCartney is the Wellington Branch representative on Te Tiriti and Bicultural Advisory Committee.
- We are institutional members of Te Rūnanga o Waka Oranga.
- We made a submission to the Mental Health enquiry.
- We decided to invite our elders to learn from their experiences of being a psychotherapist.

Events

- Diane Zwimpfer nomination for Life Membership of NZAP was approved at the AGM in 2018 and will be celebrated at the 2020 Conference in Wellington.
- One year on, we notice the St Andrews on the Terrace venue is sufficiently large to accommodate our increasing membership.
- In November we had a pot luck sit down dinner. The people, food, decorations and flowers made this an extraordinary end of year celebration.
- Gerald Mcalaurin (NZAP President) presented on "Identity and Belonging."
- Virginia Edmond presented on "What does 'relational' mean?"
- Donny Riki helped us explore "How do we talk about talking about biculturalism?"
- John O'Connor presented "Madness of the Mind: Growing the self in the mind of the other, and in the psychotherapeutic relationship."
- Carol Worthington told us the stories of the journey of her life's work as a psychotherapist.
- Lynne Holdem, the NZAP Public Issues spokesperson, reflected on her time in this role and explored the possibilities and barriers in front of NZAP to create a stronger profile for psychotherapy.
- Donny Riki and Graeme McCartney brought our attention to the "Matike Mai Aotearoa" report that is concerned with constitutional transformation in Aotearoa by way of an open korero to reflect the principle of 'Relational Space'.
- Marion Wade and Ian Brewer presented on "Emotionally Focused Therapy (EFT): An Attachment Approach to Couples Work."
- Roy Bowden talked about on his recently published book, "Psych-O-Therapy Aotearoa: New Zealand Psychotherapists tell their Stories."

The following members achieved full NZAP Membership and presented themselves to the Branch

- Katrina Jacobsen

- Donna Riki
- Brian Hunt
- Clare Hiroti
- Dianne Brooker
- Anne Holleron

We cannot function as a Branch without the generosity of volunteers. They donate time, energy, expertise and kindness that 'hold' us as a Branch. Catherine Gilbert and Cherry Pye have stepped down as Convenors. On behalf of the membership I want to thank them for what they have done for us over the last two years. I personally thank them for their briefing, handover documents and support. Thank you too to Brian Hunt for having been our Secretary. I am considerably relieved Delia Crozier is continuing on as Treasurer. Thank you to Jane Nicholson, Geraldine Lakeland, Victoria Smith, Graeme McCartney and Donna Riki for the past and I hope continuing contributions.

Dianne Hendey
Convenor