

Advanced Suicide Risk Management Training

Youth Suicide Intervention



This QPR Advanced Level training, with a specific focus on **child and youth suicide risk management and mental health issues**, will provide in-depth information on a range of topics specific to child and youth suicide intervention.

This workshop includes training on the use of a structured interview process to gather data that leads the interviewer to establish a crisis management plan or intervention for the person who is at risk for suicide.

This triage process is a systematic and evidence-based process for determining level of risk and the subsequent level of intervention required. It also helps determine the need for, plan and carry out a referral for further evaluation and or treatment. Additional information and skills training will cover topics including suicide contagion, self-harm, child and adolescent presentations of depression and anxiety, suicidal communications and, most importantly, how to talk to children and adolescents about suicide.

"I would like to express my sincere gratitude for the skills and knowledge that you passed onto me at the QPR training. The week following your programme I was able to assist in saving the life of a 14-year-old girl. Without this training, I'm not sure that things would have unfolded as straight forwardly as they did. I felt so empowered to know that I had done everything I could. Thank you, thank you, thank you."

Kellie Priest
Public Health Nurse

QPR Advanced Youth Suicide Assessment and Intervention Training covers:

- Suicide contagion
- Self-harm and suicidal behaviours
- Relationship of mental illness to suicide in children and adolescents
- Suicide risk assessment interviews for youth
- **How to talk with young people about suicide**
- How to determine immediate risk for suicide
- Evidence-based treatment options and outcomes for children and adolescents with depression and anxiety

When: Wednesday 18 September 2019

Time: 8:30am – 4.30pm (Morning tea, Lunch and Afternoon tea included)

Venue: Meetings on the Terrace
152 The Terrace, Wellington

Course investment: \$320.00

If you have any enquiries, please call us on: 0800 448 909

We look forward to seeing you there!