

REPORT TO NZAP COUNCIL, APRIL 2021

From the He Ara Maori ACP Committee

Ka tangi te Tītī
Ka tangi te Kākā
Ka tangi hoki ko au
Tihei Mauri Ora!

Tēnā Koutou Katoa Aku Rau Rangatira Mā

Ko te tūmanako ia kua tau te rangimārie ki runga i a koe me tō whānau (I hope you and your family are well and at peace).

Please accept our report for the NZAP Council meeting in April 2021.

Our 2021 AGM report covers most of the activities we have engaged with since the last Council meeting in October 2020. For this reason, we have re-presented the content of our AGM report below. We also have one additional item to add since February 2021 as follows:

We are looking to engage in a weekend wānanga later this year to further discuss the development of mahi a roopū whakahaere tikanga (peer cultural supervision). We envisage that mahi a roopū whakahaere tikanga will provide regular ongoing support with oversight provided by He Ara Maori ACP (HAMACP) Committee. We are excited about this initiative and look forward to the way in which it will develop and strengthen our psychotherapy practitioners in the future. We also look forward to reporting on this exciting development as it unfolds.

AGM Report February 2021

2020 presented the world with challenges that have affected the way in which we live and now operate brought about by the COVID-19 pandemic. HAMACP Committee were unable to achieve some of the tasks that we had set out for ourselves in 2020 as a consequence. This included the postponement of a kanohi-ki-te kanohi hui (face-to-face) hui (gathering), the completion of the graphic design work for the HAMACP booklet, and the launch of the booklet. These tasks will be organised around the 2021 calendar. We have learnt and continue to learn, adapt and no doubt we will find this year filled with opportunities and challenges. We have seen this already with the initiation of the COVID-19 Alert levels currently in place across Aotearoa. We were fortunate to meet with te Runaanga o Waka Oranga more recently on 13-14 February 2021, giving us the opportunity to reflect and re-envision our plans for HAMACP 2021 and fill our hearts and minds with renewed optimism.

On behalf of the HAMACP Committee, I can report that we currently have one new member on the pathway. Louise Ihimaera comes to us with a strong background in whānau, hapū and iwi health development, child mental health, community development, social work and counselling practice. Her current mentor is Margaret Poutu Morice assisted by members of the HAMACP committee and te Runanaga o Waka Oranga.

We are looking to increase the number of committee members from three to five with the view of having a Te Waipounamu representative join us on the committee. For some time now, Waka Oranga have discussed and considered the importance and benefits of effective group

supervision and what this might look like moving forward. We envisage that this development would sit within the HAMACP Committee, offering the opportunity for Māori psychotherapy practitioners to engage in peer supervision and support over and above the individual supervision they currently receive. We look forward to bringing more news about this development in our next report. This development signals another milestone in our HAMACP hikoi.

The HAMACP Committee would like to acknowledge everyone who supports our kaupapa.

Kia whaia te iti kahurangi me tuoho koe me he maunga teitei

Alayne Mikahere-Hall

On behalf of the He Ara Māori Committee