

Working effectively with groups

Group Psychotherapy Workshops in Auckland

2022 -2023

When: Friday 3:00pm – 9pm, Saturday 9:30-5:30. Sunday 9-12:30

8 weekends over two years. Please make a commitment to all the workshops.

1st year (2022)	Feb 11, 12, 13 May 27, 28, 29 Aug 19,20,21 Nov 11,12,13
2nd Year (2023)	dates to be confirmed

Note: online meetings may be arranged in between these dates in consultation with participants

Cost: \$4000.00: \$500 payable prior to each workshop or \$3600 for all eight workshops payable in advance.

Each workshop will contain a combination of:

- ◆ Theoretical teaching—which will always be applied to practice; readings will be provided.—30 sessions of 1.5 hours.
- ◆ Process group —21 sessions of 1.5 hours.
- ◆ Supervision of group practice (any type from psychoeducational to process group.—21 sessions of 1.5 hours).

The goal in these ongoing workshops is to:

- ◆ Deepen your understanding and knowledge of group processes, especially unconscious group processes
- ◆ Highlight the impact your behaviour has on others especially in group settings
- ◆ Give you greater sensitivity to how others impact you
- ◆ Learn more about how to be an effective leader and/or group member
- ◆ Ongoing learning about interventions that suit you and your group(s).

Participants: 8-12 (consistent throughout the 2 years)

- ◆ People who are currently involved in facilitating/conducting or participating any kind of group (as long as there is process involved)
- ◆ Must belong to a professional clinical organisation and/or be registered
- ◆ Interviews may be required before acceptance on the course.

If you are interested please contact Margot:

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Dr Margot Solomon has been facilitating groups since 1985 and teaching most of her adult life. She is currently a member of GASi, NZAP, IARPP and Australian Association of Group Psychotherapy(AAGP), and training co-ordinator for AAGP. Margot was a member of the Psychotherapy teaching staff at AUT for 26 years.

This programme is endorsed by AAGP : <https://groupanalysis.com.au>