



VIA ZOOM!

New Zealand Emotionally Focused Therapy (EFT) Online Externships

as developed by Dr. Sue Johnson

21-22 Feb & 25-26 Feb 2022
9am-5pm NZ time

1-2 April & 6-7 May 2022
9am-5pm NZ time

Register: <https://tinyurl.com/8u9aznc>

Register: <https://tinyurl.com/dbs48ymx>

EFT is:

- A short-term focused treatment for individuals, couples and families, which blends family systems and experiential approaches to therapy with attachment theory.
- Developed by Dr. Sue Johnson, and showing strong empirical evidence for positive client outcomes. It is globally the most successful approach to couple therapy.
- Based on a solid treatment map, which helps the therapist guide the couple away from conflict impasse into new bonding interactions.

Participants learn to:

- Conceptualise relationship distress and repair based on theories of attachment and emotion.
- Build strong therapeutic alliances utilising finely tuned validation and careful attunement.
- Help partners access the more vulnerable emotions underlying repetitive destructive cycles.
- Shape new patterns of engagement by creating powerful enactments.

What participants have said:

- "After four days I feel energised and equipped to deepen into EFT work. I am surprised how collegial and fun the zoom training actually was"
- "The sessions were beautifully and seamlessly coordinated. Everything from the learners perspective flowed and the breakout rooms were fabulous to try and consolidate the new learning"
- "I was pleasantly surprised at how effective the training was, how easy it was not having to travel and doing it from the comfort of my own home and how authentic and well supported it was to participate in roleplay online. I can highly recommend it and moving forward will chose online over in-person."

FEE NZ\$1,295

- * early bird NZ\$1,095
- * student/low income NZ\$950
- * repeat externship NZ\$700

2 scholarship places for Maori/Pasifika therapists or therapists who work in these communities.

PRESENTERS:



Yve Gould

Reg. Psychotherapist, MNZAP, M. Couns, EFT Therapist, Supervisor and Trainer (ICEEFT). Dip. Teaching

Heike McCahon

MNZAC, M.A., Dip. Counselling, EFT Therapist, Supervisor and Trainer (ICEEFT). Dip. Teaching

Cancellations are subject to a \$50 administration fee and must be made in writing at least 8 days prior to the workshop date to qualify for a refund of the balance paid. If you cancel with less than 8 days' notice, you will be refunded 50%. In the unlikely event of us having to cancel due to a lack of participants or other unforeseen circumstances, we will refund your paid workshop fees but are unable to reimburse you for further costs such as travel, airfares and accommodation.