### **WAKA ORANGA**

Mana motuhake mo whānau, hāpu, iwi.

### MISSION STATEMENT

Waka Oranga is a professional association of Māori trained in psychotherapy – working in Māori communities and a range of health and educational settings for the wellbeing of all peoples. We are informed by teachings of our tūpuna, kuia and kaumātua. We are an Incorporated Society developing and upholding kaupapa Māori knowledge and values, to promote healing through cultural and spiritual identity, transformative change and social justice.

Indigenous psychotherapy takes its proper and appropriate place alongside many other traditions that contribute to Māori health and wellbeing. In addition to mainstream education and training, we bring kaupapa Māori knowledge, attitudes and values that enrich and extend our professional skill base and more importantly form the basis for a uniquely Māori practice of psychotherapy.

In the distinct location that is Aotearoa New Zealand, we acknowledge Papatūānuku and Ranginui me o rāua tamariki, mana whenua and tāngata whenua, the land and its people supported on the creative foundations of the universe: te kore, te pō, te ao mārama. Te Tiriti o Waitangi provides the foundation for the political, economical, spiritual and social context of our work and our lives. Māori psychotherapy practitioners hold that the needs and rights of individuals are inseparable from the needs and rights of whānau, hapū and iwi. Three fundamental aspects of tikanga are environmental sustainability, social justice and spiritual fulfilment. We affirm that our intrapsychic reality is a microcosm and reflection of the worlds in which we live.

## KAUPAPA MĀORI VALUES

The following fundamental principles of relationship provide a framework for clinically effective and ethically sound psychotherapy practice within Te Ao Māori.

**Manaakitanga** acknowledges the mana of others as having equal or greater importance than one's own, through the expression of aroha, hospitality, generosity and mutual respect. In doing so, all parties are elevated and our status is enhanced, building unity through humility and the act of giving.

Whanaungatanga underpins the social organisation of whānau, hapū and iwi and includes rights and reciprocal obligations consistent with being part of a collective. Whanaungatanga is the principle which binds individuals to the wider group and affirms the value of the collective while affirming the special contribution of the individual. Whanaungatanga is interdependence with each other and recognition that the people are our wealth.

**Kaitiakitanga** embraces the spiritual and cultural guardianship of Te Ao Māori, a responsibility derived from whakapapa. Kaitiakitanga entails an active exercise of responsibility in a manner beneficial to resources and the welfare of the people. It promotes the growth and development of Māori in all spheres of livelihood so that Māori can anticipate a future of living in good health and in reasonable prosperity.

**Kotahitanga** is the principle of unity of purpose and direction. Kotahitanga is demonstrated through the achievement of harmony, balance, and moving as one. All are encouraged to make a contribution, to have their say and then together, consensus is reached.

**Rangatiratanga** is the expression of the attributes of rangatira (weaving the people together) including humility, leadership by example, generosity, altruism, diplomacy and knowledge of benefit to the people. Rangatiratanga is reflected in the promotion of self-determination for Māori as an expression of the rights defined by mana atua, mana tūpuna and mana whenua.

**Wairuatanga** is reflected in the belief that there is a spiritual existence alongside the physical. Wairuatanga is expressed through the intimate connection of the people to maunga, awa, moana and marae and tūpuna and atua. These connections are affirmed through knowledge and understanding of atua Māori and must be maintained and nourished towards the achievement of wellness. Wairuatanga is central to the everyday lives of Māori and is integral to our worldview.

### THE CONSTITUTION OF WAKA ORANGA INCORPORATED

### 1.0 INGOA

1.1 The name of the group shall be WAKA ORANGA INCORPORATED, hereafter referred to as the "Society".

## 2.0 KAUPAPA

- 2.1 To honour mana atua, mana tāngata and mana whenua.
- 2.2 To honour Te Tiriti o Waitangi in all our actions, thoughts and deeds.
- 2.3 The Society's operational processes uphold tikanga and are reflective of our kaupapa.
- 2.4 To be advocates for social justice and change in Aotearoa New Zealand.
- 2.5 To acknowledge the mana of all individuals and act in a way that upholds the professional integrity of our members and the Society.
- 2.6 To be conscious and self-reflective of our own values and the values of others.
- 2.7 To acknowledge the diversity of Māori in Aotearoa New Zealand.
- 2.8 To actively participate in the development of whānau, hapū and iwi both personally and professionally.
- 2.9 To actively promote the growth of an indigenous psychotherapy that reflects our values, beliefs and practices.
- 2.10 To be committed to the development of professional practice through ongoing education, training, research and networking.
- 2.11 To contribute professional expertise to the development of indigenous psychotherapy policies, programmes and legislation that directly benefits whānau, hapū, iwi.

## 3.0 POWERS

3.1 To enable the Society to carry out its stated kaupapa in addition to all other powers conferred upon it by law or by this constitution, it is authorised to exercise all or any of the following powers and rights.

3.2 The Society may use its funds as it considers necessary in payment of costs and expenses to uphold and achieve the aspirations and kaupapa of the Society. This includes the employment of agents, accountants, solicitors, and officers as necessary.

### 4.0 MEMBERSHIP

- 4.1 Membership shall be limited to those who believe in and support the stated kaupapa of the Society.
- 4.2 Any person or organisation working or interested in indigenous psychotherapeutic healing shall be eligible for membership of the Society. Te Rūnanga o Waka Oranga has the power to approve membership on behalf of the Society.
- 4.3 For membership to be approved in any category
  - 4.3a An application form must be completed.
  - 4.3b Payment of annual subscription tendered.
- 4.4 There are four categories of membership.
- 4.5 Māori Practitioner Membership
  - 4.5a Available to those who whakapapa Māori,
  - 4.5b Trained in psychotherapy and working as indigenous practitioners,
  - 4.5c Commit to upholding the kaupapa of the Society.
- 4.6 Waka Oranga Associate Membership
  - 4.6a Available to any individual upon payment of a subscription fee and approval of Te Rūnanga o Waka Oranga,
  - 4.6b Commit to upholding the kaupapa of the Society.
  - 4.6c An associate member may receive newsletters, invitation to special events, products and services.
  - 4.6d Associate membership does not include voting rights.
- 4.7 Honorary Membership
  - 4.7a Honorary membership may be awarded to kaumātua, kuia or any person who has given distinguished service to the Society or the profession as determined by Te Rūnanga o Waka Oranga.
  - 4.7b An honorary member shall have full membership rights and will not be required to pay a subscription fee.

- 4.8 Institutional Membership
  - 4.8a Available to any group, organisation or institution upon payment of a subscription fee and approval of Te Rūnanga of Waka Oranga.
  - 4.8b Institutional members may receive newsletters, be informed of products and services and attend special events.
  - 4.8c Institutional membership does not include the right to attend the AGM or have voting rights.
- 4.9 The Society will keep a register of all its members containing their membership category, their name and their contact details.
- 4.10 The register of members will be kept by the Secretary or delegated member.

## 5.0 TERMINATION OF MEMBERSHIP

A person shall cease to be a member of this Society by any of the following:

- 5.1 The death of that person.
- 5.2 Resigns by verbally expressing the desire to do so at a general meeting of the Society or by sending a written resignation to the Te Rūnanga o Waka Oranga. Any such resignation shall take effect from the date Te Rūnanga o Waka Oranga receives that notice and shall be recorded at the next scheduled hui of Te Rūnanga o Waka Oranga.
- 5.3 The Society may, in its absolute discretion, terminate membership of any member who it considers has acted in a way that is detrimental to the Society provided that:
  - 5.3a The member concerned shall be notified of the proposed decision and shall be given 14 days' notice in writing detailing the breaches of the Constitution and shall be given an opportunity to reply in writing.
  - 5.3b The member concerned shall be given the opportunity to 'hui' with those members of the society appointed for that purpose prior to any termination decision being made.
- 5.4 Upon resignation or termination of membership the balance of membership fees remains with the Society.
- Any member who has resigned from the Society may apply for re-admission to the Society by submitting an application form, payment of subscription and upon approval of Te Rūnanga.

### 6.0 RŪNANGA

- 6.1 Te Rūnanga o Waka Oranga consists of representatives appointed by consensus at the Annual General Meeting.
- Representatives must be reappointed by consensus on an annual basis at the Annual General Meeting.
- 6.3 The Rūnanga must consist of Chairperson, Secretary and Treasurer.
- 6.4 A minimum of 5 and a maximum of 8 members with a quorum of 4.
- The Rūnanga shall meet regularly throughout the year, frequency of meetings shall be determined at the Annual General Meeting.

# 7.0 POWERS AND DUTIES OF RŪNANGA MEMBERS

- 7.1 To uphold the kaupapa of the Society
- 7.2 To attend to all business associated with their role for the benefit of the Society.
- 7.3 Te Rūnanga o Waka Oranga may establish working parties to undertake specified projects to uphold and realise the kaupapa of the Society.

# 8.0 PROCEEDINGS AT HUI OF THE RŪNANGA

- 8.1 Whakatau, karakia, waiata.
- 8.2 Whakawhanaungatanga.
- 8.3 Approval of previous minutes.
- 8.4 Agenda items.
- 8.5 General business.
- 8.6 Karakia, waiata, whakamutunga.

## 9.0 FINANCE

- 9.1 The general funds of the Society shall be under the control of the Society.
- 9.2 All monies received by or for the Society shall be deposited in such bank or banks as the Society from time to time shall determine. Withdrawal from any such bank shall be made by any two of three Rūnanga members authorised by the Society as signatories.
- 9.3 The Treasurer shall maintain a monitoring role of the financial business of the Society.

- 9.4 The Treasurer shall keep appropriate and timely accounting records. The Treasurer will provide updates of the financial position of the Society to each hui of Te Rūnanga o Waka Oranga.
- 9.5. The Treasurer shall ensure a statement of Income and Expenditure and a Balance Sheet is prepared by a chartered accountant and presented to the Annual General Meeting. Te Rūnanga may approve the expenditure of any costs involved.
- 9.6 The financial year for the Society shall end on the 31st March every year.
- 9.7 The accounts shall be examined by an auditor appointed by the Society at the discretion of Te Rūnanga at any stage, or at the immediate request of at least three voting members.
- 9.8 Te Rūnanga may vote to approve an auditor at any stage and approve the expenditure of any costs involved with such audit.

### 10.0 CHARITABLE STATUS

10.1 The Society is a non-profit organisation that does not hold charitable status.

### 11.0 PAYMENT TO MEMBERS

- 11.1 Upon appropriate documentation, reimbursements shall be made for services provided to further the kaupapa of Waka Oranga.
- 11.2 All reimbursements over \$250 NZD require appropriate documentation and the prior approval of three designated members of Te Rūnanga o Waka Oranga.
- 11.3 All reimbursements shall be made in a timely way upon receipt of appropriate documentation.

### 12.0 ANNUAL GENERAL AND SPECIAL MEETINGS

- 12.1 Each year the Society shall conduct an Annual General Meeting to be held within twelve months of the commencement of the new financial year.
- 12.2 The Society shall also conduct General Meetings at any time as determined necessary.

12.3 The Secretary shall give each member at least fourteen days' notice of the date, time, and place of Annual General Meetings, and at least seven days' notice of a special meeting.

### 13.0 MINUTES

- 13.1 The Society shall keep minutes duly entered in books provided for that purpose which shall be available for members on request and by approval of Te Rūnanga o Waka Oranga.
- 13.2 The minutes shall contain:
  - 13.2a Names of persons present at each meeting of the Society.
  - 13.2b Resolutions and decisions of any meetings of this Society.
  - 13.2c Minutes of any meeting of this Society shall be signed by two members of Te Rūnanga o Waka Oranga at the next meeting and shall be received as a true and accurate record of the matters stated in such minutes.

# 14.0 VOTING AT ANNUAL, GENERAL, AND SPECIAL MEETINGS

- 14.1 All decisions at any meeting of the Society shall be determined by consensus whereever possible. If consensus is not possible then the decision of the majority of voting members of Waka Oranga present shall be valid. Any dissent shall be recorded in the minutes by the Secretary.
- 14.2 Membership categories of the Society determine participation in decision-making processes at the Annual General Meeting. Refer section 4.0.

## 15.0 COMMON SEAL

- 15.1 Te Rūnanga o Waka Oranga shall have custody of the common seal of the Society.
- 15.2 Te Rūnanga o Waka Oranga shall determine its appropriate use.

## 16.0 ALTERATIONS AND ADDITIONS TO RULES AND REGULATIONS

16.1 The Constitution of the Society shall not be altered in any way except at a Special General Meeting for that purpose or at an Annual General Meeting.

## 17.0 REGISTERED OFFICE

17.1 The registered office of the Society shall be in such a place as the Rūnanga shall from time to time determine. Due notice of every change of the place of the registered office shall be given to the Registrar of Incorporated Societies.

## 18.0 WINDING-UP

Administrator

10 May 2022

- 18.1 The Society may be wound up if a two-thirds majority of voting-members present at an Annual General Meeting pass a resolution to wind up the Society
- 18.2 In the event of the winding up of the Society, or on its dissolution by the Registrar, the assets of the Society shall be realised and the funds of the Society used for the discharging of its liabilities. Any surplus funds then remaining shall be distributed to such charitable institutions or incorporated societies carrying on purposes or objects similar to the Society within Aotearoa New Zealand.

Anna Fleming	Verity Armstrong
Chairperson	Treasurer
10 May 2022	10 May 2022