

In a first for Aotearoa New Zealand, Iona Winter (ex NZAP member) has lovingly curated and edited this multimedia grief collection:

## a liminal gathering

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In 2022, Iona was awarded the CLNZ/NZSA Writers' Award for A Counter of Moons (due for publication in 2024), a creative nonfiction book about living with suicide bereavement. What came out of her research for this project was recognising a gap that required attention; a creative space where grief was normalised, non-academic and accessible.

Iona founded Elixir & Star Press, in early 2023, in memory of her late tama Reuben Winter who took his life in 2020 during the global pandemic.

The inaugural Elixir & Star Grief Almanac *a liminal gathering*, is a collection centred on personal expressions of grief in Aotearoa, from over 100 New Zealand based multimedia artists (poets, visual artists, essayists, musicians and photographers).

Launched in November 2023, its first week saw a liminal gathering featured on the NZ Indie Booksellers Top 20 list. Copies have already been purchased by psychotherapists, counsellors, GPs and other health professionals as a resource for their clients.

To learn more about the creation of this pukapuka you can find Elixir & Star Press on Facebook, Instagram, or https://elixirandstarpress.wordpress.com

For orders please email Iona at: books-elixirandstarpress@proton.me