



INVITATION TO 2024

Universal Wellbeing Evaluation Tool Accreditation Programme

+ WEBINARS

Support Comprehensive Universal Wellbeing Transformations

The transformative Universal Wellbeing Model (UWM) and Universal Wellbeing Evaluation Tool (UWET) emerged in 2023 from a 15 year programme of research which was in part supported by two national Ako Aotearoa/New Zealand Best Practice Research Awards.

The UWET can accurately identify the status of the 70 social, physical, intellectual, cultural, ethnic, emotional, and spiritual dimension variables that determine Universal Wellbeing and identify areas of strength and poor wellbeing risks. Confidential UWET Reports analysed and interpreted by accredited UWET Facilitators empower wellbeing practitioners and clinicians to quickly support and/or intervene to optimise universal wellbeing improvements in individuals and across organisations.



WELLBEING
— FREEDOM INSTITUTE —

**Become an
Accredited UWET
Facilitator**

Apply the research based
Universal Wellbeing
Model (UWM) &
Evaluation Tool (UWET)

Increase the quality &
accuracy of your
Wellbeing Services

Provide research
based Universal
Wellbeing Services to
Individuals &
Organisations

**FREEDOM Wellbeing
Institute**

contactus@freedom-ihe.ac.nz

+64 7 834 0451

www.freedom-ihe.ac.nz

UNIVERSAL WELLBEING EVALUATION TOOL (UWET) CAPABILITIES

IT CAN

- Accurately identify the status of 70 wellbeing influencing variables
- Provide information that normally take 6 to 20 hours to acquire
- Identify the variables supporting positive universal wellbeing
- Identify home, work, and study place impacts on wellbeing
- Identify the variables harming universal wellbeing
- Precisely target areas for support and intervention
- Identify potential suicide, physical violence, and other risks
- Foster development of caring communities
- Develop Universal Wellbeing Literacy
- Empower people to undertake wellbeing transformations

Provide a Personal Confidential Individual UWET Report

FOR ORGANISATIONS IT CAN

- Foster cross organisational Universal Wellbeing Organisational Literacy
- Support a whole of organisational universal wellbeing system development
- Foster engagement, growth, culture change and continuous improvement
- Empower organisations to make sound data and evidence-based decisions
- Support continuous improvement through 'before & after' evaluations
- Evaluate engagement/achievement/productivity, and equity initiatives
- Identify the status of 70 wellbeing influencing variables across an organisation
- Provides cross organisational wellbeing information quickly and at low cost
- Identify the variables harming cross organisational universal wellbeing
- Identify the variables supporting positive universal wellbeing
- Identify areas in which interventions should be targeted
- Identify potential suicide, physical violence, and other risks
- Develop a poor wellbeing prevention system

Provide Confidential Individual & Organisation UWET Reports

UWET is research-based and comprehensive

Universal Wellbeing Evaluation Tool Accreditation Programme

APS/NZPs/SCPSIG members \$1,800 plus GST; non-members \$2,000 plus GST;
students: \$800 plus GST

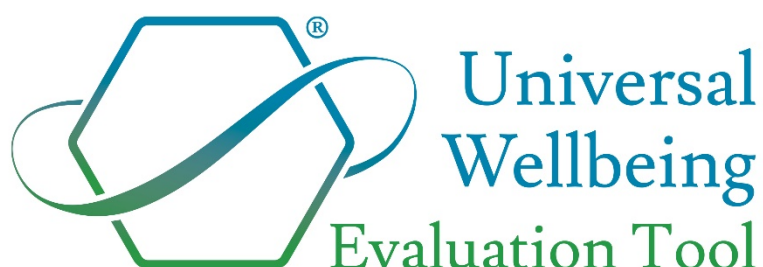
Starts 30th April, 23rd July & 15th October 2024 Schedule agreed with enrolees

Certificate in Universal Wellbeing Facilitation (Accelerated Option) includes:

**Accreditation Requirements for: Professional Universal Wellbeing Facilitator (Facilitation & Reporting of Universal Wellbeing Evaluation Tool (UWET) Outcomes).*

This programme develops advanced professional facilitation communication capabilities, and the core knowledge, and skills required to ethically implement, analyse, interpret, and report outcomes of the Universal Wellbeing Evaluation Tool (UWET). Peer review, safe and ethical practices are also examined and practiced. Note: This programme requires application of material facilitated to others and groups in a chosen context overtime. Graduates of this professional programme will be prepared to professionally facilitate, administer, and report Universal Wellbeing Evaluations and report these to diverse people.

Accelerated Entry Criteria - Those eligible to apply are: NZCDI/FWI qualified Pastoral Care Programme graduates and degree qualified and experienced Health Education, RTLBs, Teachers, Social Workers, Nurses, Nutritionists, Physiotherapists, SENCos, Evaluators, Counsellors Psychotherapists, Psychologist and Clinical Psychologist trained applicants.



Course outline

Accelerated Programme Delivery & Summary of Modules

This Programme is delivered via face to face or interactive online modes.

4 hours a week for 10 weeks or via five x 8 hour days (1 online).

Options are discussed with enrolees.

Code	Module	Facilitated Hours	Homework Estimate
CWF 1	Professional Wellbeing Studies & Communication	7	7 to 20 hours
CWF 2	Universal Wellbeing Model, Tool & Reporting	7	7 to 20 hours
CWF 3	The Determinants of Wellbeing & Advice	7	7 to 20 hours
CWF 4	Wellbeing Enhancements, Risk, & Referrals	7	7 to 20 hours

Note: Those enrolling must have access to people they can work with during this programme.

Programme Start Dates - February, April, July, and October of each year or as organised.

Accelerated Programme Delivery: Commences in 2024 the week of the:

Accelerated: 29th April 2024, and 29th July 2024,

Block: will be offered from 6th of May and 2nd September face to face or via interactive online.

Programme leader



DipTchg, HDipTchg, AdDipTchg, CTT, BritScrtDip, DipRec&Sp, AISTD (Ball. London), AISTD (Lat. London), MNZFATD (Lat.NZ), BEd, PGDip Arts (Education), GradDipCD&AL(Hons), PG StratL, and M.Ed (University of Otago),CUWF. Acc

Susan has been successfully engaged in advanced teacher education, health and wellbeing education, facilitation, coaching, leadership, and research activities for over 30 years in New Zealand. A programme of wellbeing research Susan initiated in 2006 to improve wellbeing, engagement, achievement, productivity, and equity outcomes has become a dominant research, teaching, leadership, and consulting work foci. She now frequently travels and presents at conferences internationally on this research. Currently Susan holds two research-based Institute Directorship, researcher, and Consultant roles and is dedicated to preventing poor wellbeing and supporting the wellbeing of individuals, families, teams, organisations, and communities. Her areas of specialist expertise include poor wellbeing prevention, learning, wellbeing, cultural transformations, wellbeing research, and cross organisational change, development, and transformation.

To Enrol:

Email contactus@freedom-ihe.ac.nz for a Programme Enrollment Pack, this includes Programme Information, and FWI Accredited Facilitator Contract and Accreditation Maintenance Requirements and Supports.

FREEDOM Wellbeing Institute

Level 1, 610 Victoria Street, CBD, Hamilton, 320,
New Zealand

Mob: +64 027 3869296

Email: contactus@freedom-ihe.ac.nz Website: www.freedom-ihe.ac.nz

Researched & Designed by

Delivered by



Introduction to the Universal Wellbeing Model (UWM) & Universal Wellbeing Evaluation Tool (UWET) **Webinar**

APS/NZPs/SCPSIG members \$275 plus GST; non-members \$350 plus GST; students: \$100 plus GST

5th April, 28th June & 29th September 2024 9.00am-4.00pm online

This 6 hour day programme is on the applications of the Universal Wellbeing Model (UWM) and the Universal Wellbeing Evaluation Tool (UWET) that have emerged from a 15 year wellbeing research programme. The purpose of the evidence based UWM is to: explain what universal wellbeing is; what influences it; and how people can thrive by improving their Universal Wellbeing. The UWM is holistic and includes Social, Physical, Intellectual, Cultural and Ethnic, Emotional and Spiritual Dimensions. The UWET is designed to accurately evaluate the strengths and challenge status of the 70 Determinants of Universal Wellbeing plus suicidal and violence risks. The Confidential UWET Report generated accelerates the clinician's ability to plan and implement supports and interventions for individuals and organisations. Those attending will have an opportunity to experience the UWET.

Course outline

9.00am – Welcome, intros and identification of interest in the UWM and UWET.

9.15am – Introduction to the research that led to the emergence of the UWM.

10.15am – Coffee

10.30am – Overview of the UWM and current applications.

12.00 – Lunch

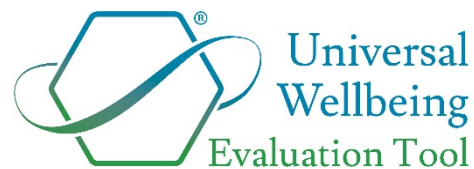
1.00 pm - Introduction to the further research that led to the UWET.

2.00 pm – Opportunity to experience the UWET, discussion and practice.

3.00pm – Break.

3.15pm – Overview of the UWET Accreditation programme and emerging applications. Presentation, discussion, and practice.

4.00pm – Wrap up and finish.



Course leader



Susan F. Stevenson, M.Ed

DipTchg, HDipTchg, AdDipTchg, CTT, BritScrtDip, DipRec&Sp, AISTD (Ball. London), AISTD (Lat. London), MNZFATD (Lat.NZ), BEd, PGDip Arts (Education), GradDipCD&AL(Hons), PG StratL, and M.Ed (University of Otago),CUWF. Acc

Susan has been successfully engaged in advanced teacher education, health and wellbeing education, facilitation, coaching, leadership, and research activities for over 30 years in New Zealand. A programme of wellbeing research Susan initiated in 2006 to improve wellbeing, engagement, achievement, productivity, and equity outcomes has become a dominant research, teaching, leadership, and consulting work foci. She now frequently travels and presents at conferences internationally on this research. Currently Susan holds two research-based Institute Directorship, researcher, and Consultant roles and is dedicated to preventing poor wellbeing and supporting the wellbeing of individuals, families, teams, organisations, and communities. Her areas of specialist expertise include poor wellbeing prevention, learning, wellbeing, cultural transformations, wellbeing research, and cross organisational change, development, and transformation.

Register using Form on last page...

FREEDOM Wellbeing Institute

Level 1, 610 Victoria Street, CBD, Hamilton, 320,
New Zealand

Mob: +64 027 3869296

Email: contactus@freedom-ihe.ac.nz

Website: www.freedom-ihe.ac.nz

Researched & Designed by



Delivered by



Universal Wellbeing Evaluation Tool (UWET)

Introduction **Webinar**

APS/NZPs/SCPSIG members \$140 plus GST; non-members \$180 plus GST; students: \$50 plus GST

12th April, 21th June & 22th September 2024 9.00am-12noon online

This 3 hour programme is on the Universal Wellbeing Evaluation Tool (UWET) that has emerged from a 15 year wellbeing research programme. The purpose of the research based UWET is to support wellbeing literacy and accurately and holistically evaluate the strengths and challenge status of the 70 Determinants of Universal Wellbeing plus suicidal and violence risks in clients. The UWET has the capacity to evaluate Social, Physical, Intellectual, Cultural and Ethnic, Emotional and Spiritual Dimensions. Clients undertaking the digital UWET Questionnaire receive a Confidential UWET Report that has been analysed by an accredited UWET Facilitator. The UWET Report accelerates the clinician's ability to plan and implement supports and interventions for individuals and organisations. Those attending will have an opportunity to experience the UWET.

Course outline

9.00am – Welcome, intros and identification of interest in the UWET.

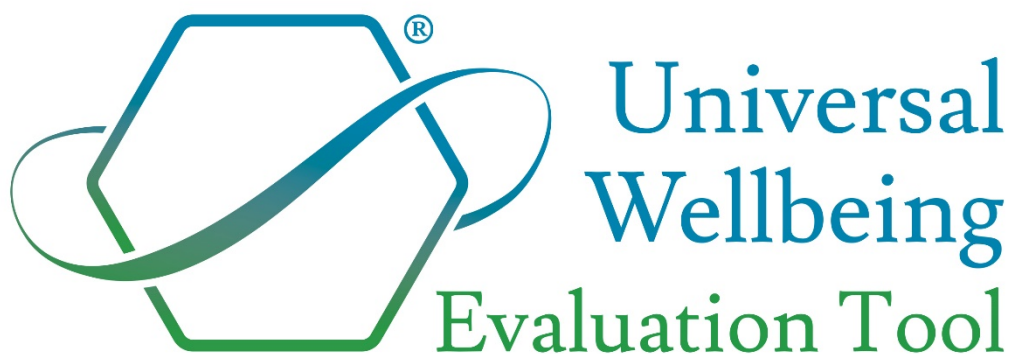
9.15am – Introduction to the programme of research underpinning the UWET.

10.00am – Coffee

10.15am – Opportunity to experience the UWET, discussion and practice.

11.30am – Overview of the Accreditation programme and UWET applications.

12. noon– Wrap up and finish.



Course leader



Susan F. Stevenson, M.ED

DipTchg, HDipTchg, AdDipTchg, CTT, BritScrtDip, DipRec&Sp, AISTD (Ball. London), AISTD (Lat. London), MNZFATD (Lat.NZ), BEd, PGDip Arts (Education), GradDipCD&AL(Hons), PG StratL, and M.Ed (University of Otago),CUWF. Acc

Susan has been successfully engaged in advanced teacher education, health and wellbeing education, facilitation, coaching, leadership, and research activities for over 30 years in New Zealand. A programme of wellbeing research Susan initiated in 2006 to improve wellbeing, engagement, achievement, productivity, and equity outcomes has become a dominant research, teaching, leadership, and consulting work foci. She now frequently travels and presents at conferences internationally on this research. Currently Susan holds two research-based Institute Directorship, researcher, and Consultant roles and is dedicated to preventing poor wellbeing and supporting the wellbeing of individuals, families, teams, organisations, and communities. Her areas of specialist expertise include poor wellbeing prevention, learning, wellbeing, cultural transformations, wellbeing research, and cross organisational change, development, and transformation.

Register using Form on next page...



UWET WEBINAR REGISTRATION FORM

1	Name:	
2	Address:	
3	Organisation Name:	
4	Telephone No:	
5	Email Address:	
6	Mobile No:	
7	Workshop / Session Note Session Time	Name: Time Selected if Info Session:

Payment Method (Please circle option selected)

- a) Have paid online directly under my surname to FWI account as set out below
 b) Would like invoiced to my institution/organisation
 If requesting this c) the name, signature and date of staff member authorising this invoicing must be provided below: **All payments to be made in your national currency.**

Name: _____

Signature: _____

Position: _____

Date: _____

Note: Cancellations received 5 days prior receive 50% refunds, cancellations received less than 48 hours prior cannot be refunded.

EMAIL ENROLMENTS to: contactus@freedom-ihe.ac.nz

Or mail to: FWI, 610 Victoria Street, CBD, Hamilton 3204, New Zealand Tel: +64 8340451

Please make payments payable to: House of Montrose Ltd T/A FREEDOM Wellbeing Institute

Note your Surname or Organization to: Kiwi bank: 38 9005-0301495-03

Administration

Date Enrolment Received	
Date Confirmation Communicated	
Payment received	Yes No
Date Received	
Receipt Issued	Yes No
Resources Supplied	Yes No